

## *starters*

**organic steamed soybeans** [edamame] .....small \$3.95  
large \$7.95

**guacamole with pita** .....\$9.95  
avocado, tomato, onion, cilantro and fresh lime juice

**hummus with sliced veggies** .....\$9.95  
carrots, celery and cucumber

**hummus with falafel**.....\$9.95

**hummus with pita** .....\$6.95

**cheese toast** .....\$5.95  
with tomato .....\$6.95  
with soy cheese.....\$7.95  
with soy cheese and tomato.....\$8.95

## *organic baked potatoes*

**plain baked, orange sweet, oriental  
white sweet or boniato potato** .....\$4.95  
with monterey jack cheese .....\$5.95  
with soy cheese .....\$6.95  
with steamed veggies.....\$9.95  
with steamed veggies and cheese.....\$10.95  
with steamed veggies and soy cheese .....\$11.95  
with tuna salad .....\$10.95  
with tuna salad and cheese .....\$12.95  
with tuna salad and soy cheese .....\$12.95  
with chicken salad .....\$13.95  
with chicken salad and cheese .....\$14.95  
with chicken salad and soy cheese .....\$14.95

## *house-made soups*

**vegetable**.....\$7.95  
**organic lentil** .....\$7.95

our chicken is 100% organic

all substitutions will be charged á la carte

for parties of 5 or more an 18% gratuity will be added to your check