

sandwiches

sandwiches include lettuce, tomato, cucumber, red, yellow and orange sweet peppers, mushrooms, carrots, avocado, sprouts and red and green cabbage
served on white or whole-wheat pita, multigrain bread or gluten free bread
excludes (mozzarella caprese, organic peanut butter & sara's berry berry peanut butter sandwiches)

white-meat albacore tuna salad	\$ 10.95
zero-fat tuna	\$ 9.95
tuna salad melt	\$ 11.95
with soy cheese	\$ 12.95
zero-fat tuna melt	\$ 9.95
with soy cheese	\$ 10.95
grilled chicken	\$ 12.95
kosher grilled chicken	\$ 14.95
chicken salad	\$ 12.95
chicken salad melt	\$ 13.95
with soy cheese	\$ 14.95
white turkey breast	\$ 10.95
[98% fat-free smoked turkey breast]	
mixed veggie	\$ 7.95
avocado	\$ 10.95
falafel	\$ 9.95
hummus	\$ 7.95
tabbouleh	\$ 7.95
falafel and hummus	\$ 9.95
falafel and tabbouleh	\$ 9.95
falafel, hummus and tabbouleh	\$ 9.95
hummus and tabbouleh	\$ 9.95
hummus and sun-dried tomatoes	\$ 9.95
monterey jack cheese	\$ 8.95
soy cheese	\$ 9.95
babaganoush [eggplant salad]	\$ 9.95
mozzarella caprese	\$ 9.95
tomato, imported black and green olives, lettuce, basil, zahatar seasoning, organic olive oil and mozzarella cheese [some olives may have pits]	
organic peanut butter	\$ 9.95
banana, apple and honey served on organic seven-grain bread	
sara's berry berry peanut butter sandwich	\$ 13.95
organic peanut butter and almond butter with fresh berries on pita bread	

our chicken is 100% organic

all substitutions will be charged á la carte

A 20% gratuity will be added to all dine-in checks