

salads

fruit salad

	small	large
house fruit salad	\$10.95...	\$17.95
seasonal fruit topped with honey, shredded coconut, mixed nuts, seeds and dried fruit		

we cater fruit salads for parties - \$7.95 per lb.

salads

**add \$2.00 for organic kosher feta cheese, goat cheese or
kosher chicken**

issac's salad	\$10.95
organic mixed greens, alfalfa sprouts, green olives, red and yellow sweet peppers, kelp, basil, red and green cabbage, white and red onion, lime, seasoning and organic olive oil [some olives may have pits]	

with bonita's salmon	\$29.95
with grilled or poached salmon	\$29.95
with blackened red snapper	\$28.95
with fresh alaskan cod	\$28.95
with tilapia	\$20.95

[red sauce or lemon and garlic]

with brooke's or perlman's tilapia	\$20.95
[sun-dried tomato and herb mustard sauce or capers, lime and garlic]	

with grilled chicken	\$18.95
[plain, rosemary or BBQ]	

with tuna salad or chicken salad	\$18.95
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with baked organic tofu	\$14.95
[marinated in ginger and curry]	

with falafel	\$14.95
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with feta cheese and avocado	\$13.95
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mj's special salad	\$10.95
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a blend of mixed greens and organic lettuce,
chopped tomato, cucumber, carrot, red cabbage,
avocado, chopped green olives, red and yellow
sweet peppers, and feta cheese tossed

with our special vegetarian dressing

with bonita's salmon	\$29.95
with grilled or poached salmon	\$29.95
with blackened red snapper	\$28.95
with fresh alaskan cod	\$28.95
with tilapia	\$20.95

[red sauce or lemon and garlic]

with brooke's or perlman's tilapia	\$20.95
[sun-dried tomato and herb mustard sauce or capers, lime and garlic]	

with grilled chicken	\$18.95
[plain, rosemary or BBQ]	

with tuna salad or chicken salad	\$18.95
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with baked organic tofu	\$15.95
[marinated in ginger and curry]	

with falafel	\$14.95
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with feta cheese and avocado	\$14.95
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israeli salad

a blend of cucumber, tomato, onion and parsley

with olive oil and lemon juice	small \$10.95
	large \$17.95

our chicken is 100% organic

salads

add \$2.00 for organic kosher feta cheese, goat cheese or
kosher chicken

adrienne's smokin' salmon salad.....\$ 18.95

organic mixed greens, tomato, cucumber, red
and yellow sweet peppers, parsley, scallions,
chopped atlantic smoked salmon tossed with
organic balsamic vinegar and organic olive oil

green salad\$9.95

organic lettuce, broccoli, cucumber, chick peas,
alfalfa sprouts and avocado

with grilled chicken\$ 17.95

with chicken salad\$ 17.95

with tuna salad\$ 17.95

with 98% fat-free sliced smoked turkey breast\$ 13.95

with baked organic tofu [marinated in ginger and curry]\$ 13.95

greek salad\$ 11.95

vine-ripe tomato, imported black and green
olives, cucumber, lettuce, pepperoncini peppers,
feta cheese [some olives may have pits]

with grilled chicken\$ 18.95

with chicken salad\$ 18.95

with tuna salad\$ 18.95

with 98% fat-free sliced smoked turkey breast....\$ 15.95

goat cheese salad\$ 11.95

vine-ripe tomato, organic mixed greens, romaine
lettuce, avocado, imported black olives and
homemade seasoning [some olives may have pits]

with grilled chicken\$ 18.95

with chicken salad\$ 18.95

with tuna salad\$ 18.95

with 98% fat-free sliced smoked turkey breast ..\$ 15.95

house salad\$9.95

organic mixed greens, lettuce, tomato, cucumber,
carrots, sprouts, mushrooms, red and green
cabbage and avocado

with grilled chicken\$ 18.95

[plain, rosemary or BBQ]

with chicken salad\$ 18.95

with tuna salad\$ 18.95

with 98% fat-free sliced smoked turkey breast\$ 15.95

with falafel\$ 13.95

with hummus\$ 12.95

with falafel and hummus\$ 15.95

with falafel and tabbouleh\$ 15.95

with falafel, hummus and tabbouleh\$ 15.95

with hummus and sun-dried tomatoes\$ 15.95

with babaganoush [eggplant salad]\$ 15.95

with baked organic tofu [marinated in ginger and curry].....\$ 14.95

mozzarella caprese salad.....\$ 13.95

tomato, imported black and green olives, lettuce, basil,
avocado, zahatar seasoning, organic olive oil and
mozzarella cheese [some olives may have pits]

our chicken is 100% organic

A 20% gratuity will be added to all dine-in checks

Prices are subject to change without notice.